

Fractora Post Treatment Instructions

- Apply post treatment healing ointment or cream such as Aquaphor, Biafine, Oxygenetix, or Vaniply to treated area 3-4 times per day and in the evening. It is important that you keep the treated areas moist, so healing occurs appropriately.
- It is normal for your skin to be moderately red, swollen, and slightly tender. Redness and swelling may last several days up to 2 weeks depending on your skin response and treatment.
- Gently mist your face with cool water or soak your face gently and lightly with a clean white washcloth to treated areas as needed. Do not rub or wipe cloth over affected areas. Add 1 teaspoon of white vinegar to the water to soothe any burning sensation. Reapply healing ointment or cream after each soak to keep the area moist.
- On day 2 or 3, 24-72 hours later, you may begin cleansing the area gently with Cetaphil Liquid Cleanser. Please do not use scrubs or exfoliants. Reapply Aquaphor or a gentle moisturizer such as Cetaphil cream to cleansed areas. You may begin using sunblock and makeup if the skin is not bleeding and is not too sensitive. SPF 30 or greater SPF should be worn always during the day.
- Do not pick, peel, or scratch the areas treated. Any crusting or scabbing will slough/slide off on its own when the new skin is ready for exposure.
- You may return to normal skin care routine after 5-7 days or when your physician instructs you to do so.
- Cooling the skin can reduce discomfort and excessive skin response.
- If you have any questions or concerns, about these instructions or the procedure, please contact Kaado MD.

I understand and will follow these post-treatment instructions.

Client Name (Printed): _____

Client Signature: _____ Date: _____

