

Hair Reduction Pre and Post Treatment Instructions

For body hair reduction, treatments are recommended every 6-8 weeks for the first 3 sessions. For the fourth and subsequent treatments, it is recommended every 10-12 weeks. Legs may require 15-week intervals.

For facial hair reduction, treatments are recommended every 4-6 weeks for the first 3 sessions. For the fourth and subsequent treatments, it is recommended every 8 weeks.

Lighter and deeper hairs, as well as hormonally controlled areas, such as the chin, are more resistant and may require more treatments.

The best timing for additional sessions is when hair re-growth is observed.

Touch up treatment sessions may be needed for sporadic new hair growth due to individual physiological process.

Pre treatment instructions:

- Avoid any tanning 4 weeks prior to your next treatment.
- Use at least SPF 30 for sunblock.
- Avoid irritant topical agents for 2-3 days before treatment.
- Avoid anticoagulants for 7-10 days prior to treatment, if medically permitted.
- Shave hair 24hrs prior to treatment.

Post treatment recommendations:

- Use Sunblock for 3 weeks following the treatment.
- Moisturizer may be applied after each treatment.
- Make-up may be applied immediately after facial treatment if the skin is intact.

I understand and will follow these post-treatment instructions.

Client Name (Printed): _____

Client Signature: _____ Date: _____

